

# ACTIVE CANARIA

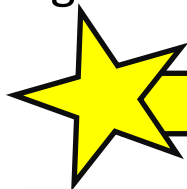
*warm weather training in Gran Canaria*



# TRAINING CAMP

**Sunday 5<sup>th</sup> – Sunday 12<sup>th</sup>  
December 2010**

This week long camp incorporates the Arucas Road Relays, giving you a good mix of racing and training in the Canarian sun.



**PRICES FROM £30 per day**

## What is included?



Airport transfers

Training/ competition transport

Race entry

Use of a training track

Self-catering accommodation

Use of a gym

Free Active Canaria training top

And lots more...

**For more details contact:**

**[www.activecanaria.com](http://www.activecanaria.com)**